

Determine Your Head to Toe Protection

Agriculture Exposures

- Cattle
- Hogs
- Horses
- Poultry
- Sheep
- Hay
- Grain
- Pesticides
- Welding
- Other

Lungs

Based on exposures, use a NIOSH approved 2-strap respirator or a half- or full face respirator with appropriate cartridges and/or filters. Understand exposures and read labels to determine which cartridges to use.

To protect myself I need:

Body

Sun safe clothing with UPF of at least 30 or use a broad spectrum (UVA/UVB) sunscreen with an SPF of 30 or higher. Coverall to protect from pesticides/chemicals.

To protect myself I need:

Head

When exposed to impact and penetration hazards wear a safety helmet or hard hat that fits appropriately and meets the ANSI Standard Z89.1-1986.

To protect myself I need:

Ears

Hearing protection plugs or muff when exposed to noise above 85 decibels (dB).

To protect myself I need:

Eyes

Safety glasses that meet ANSI Z87.1 NIOSH Standard. When exposed to sun, safety sunglasses that block 99 to 100 percent of UVA and UVB light.

To protect myself I need:

Feet

Choose work shoes for the job and hazard that meet the ASTM F-2412-2005 and ASTM F-2413-2005 standard.

To protect myself I need:

