

# Head to Toe Protection Grain

## Exposures

- Flying objects
- Noise
- Grain Dust
- Sun
- Mold

## Lungs

NIOSH approved air purifying 2-strap N95 or N100 respirator or cartridge respirator with N100 filter

## Body

Sun safe clothing with UPF of at least 30 or use a broad spectrum (UVA/UVB) sunscreen with an SPF of 30 or higher

## Feet

Choose work shoes for the job and hazard that meet the ASTM F-2412-2005 and ASTM F-2413-2005 standard

## Head

When exposed to impact and penetration hazards wear a safety helmet or hard hat that fits appropriately and meets the (ANSI) Z89.1-2009 standard.

For sun exposure wear sun safe hat or sunscreen.

## Ears

Hearing protection plugs or muff when exposed to noise above 85 decibels (dB)

## Eyes

Safety glasses that meet ANSI Z87.1 NIOSH Standard

When exposed to sun - Safety sunglasses that block 99 to 100 percent of UVA and UVB light.

